



Investing in Happiness: Couple Intimacy

Training in the Science and Art of Mutually Satisfying Relationships
with

John Caulder M.A.

A Licensed Marriage, Family & Child Therapist; 27 years in practice
(coupleclinic.ca)

Invest in Practical and Simple, Skill Building Behaviors
that Make a Difference between Success and Failure

A weekly **Four week seminar** for couples held on **Thursday**
evenings beginning **Jan. 6**: From **7 to 9 pm**, including break

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| Jan 6 | Session 1: | Actions for a New Beginning |
| Jan 13 | Session 2: | Communicating and Hearing What is Most Important |
| Jan 20 | Session 3: | Learning to Firmly Disagree and Stay Connected |
| Jan 27 | Session 4: | Creating a Happy Future Together |

First session free

"Your partner called to remind you of your New Year's Resolution!"

Sessions 2, 3, 4 \$150 + HST/ couple, [\$75 for individuals]

Location To Be Announced

Pre-registration Required: 250-721-2000

More information: www.coupleclinic.ca

Telephone: 250.721.2000

Email: consult@caulder.ca

Wheelchair Accessible

Please refrain from scented products

